

Yes, there are dreams you never wake up from.



Maybe it's just a head-bob, but when you're behind the wheel of a car, dozing for even a fraction of a second could be enough to cost you your life. If you're sleep-deprived, fatigued or have been driving long distances without a break, please consider these drowsy driving warning signs and take the proper precautions: get off the road, get someone else to drive, or just get some sleep.

SIGNS OF DROWSY DRIVING

- Difficulty focusing, frequent blinking or heavy eyelids
- Trouble remembering the last few miles driven
- Trouble keeping your head up
- Repeated yawning
- Rubbing your eyes
- Drifting, tailgating or hitting shoulder rumble strips
- Restlessness and irritability

DROWSY DRIVING KILLS

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